



St Martin's Primary School Digital Leader



Online Safety Newsletter

Spring Term 2025

The Digital Leaders have chosen the content for this newsletter which they think is important for their peers to know and be aware of. Please check out our online safety websites if you want further information.

Website for pupils -

<https://sites.google.com/smps.sch.gg/e-safety/home>

Website for parents:

<https://sites.google.com/smps.sch.gg/e-safetyforparents/home>



What is cyberbullying?

Bullying and cyberbullying are technically the same thing. Bullying is called cyberbullying when someone uses technology eg. the internet or a phone to bully someone else.

Research by Ofcom says that children are now more likely to be bullied online than offline. The most common forms of cyberbullying are through messaging apps, social media and online gaming.

What can I do to help protect myself from cyberbullying?

- Don't talk to strangers online - only talk to friends (although your friends can still bully you).
- Don't use apps which aren't suitable - only use ones which are good for your age.
- Don't be a cyberbully yourself - someone might bully you back!
- Keep your personal information private.

**Cyberbullying is not cool.
Show respect and don't do it!**

What should I do if I am being cyberbullied?

Stay calm. Don't respond or retaliate - you don't want to be called a bully as well.

Take a screenshot if you need to so that you can show someone what has happened.

Always tell someone what is happening so that you can get help and don't have to deal with it alone.

You could tell a trusted duty bearer. This could be a parent, aunt, uncle or teacher.



You could call Childline to ask for help.

childline

ONLINE, ON THE PHONE, ANYTIME

Call 0800 1111 ☐



You could use the Whisper button. There is a link to it in the help section of the online safety website or you can find it on j2e. When you click on the link it will take you to a form where you can write down your problem. You can choose if you add your name or not. The form gets sent to school and Mrs Bramley gets alerted. She will be able to help you or will find someone who can. You can use the Whisper button at home or at school.

The Digital Leader Team



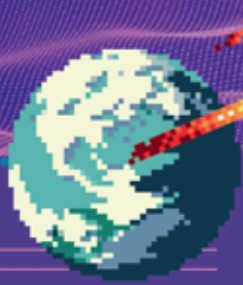
Year 3

Year 4

Year 5

Year 6

Please consider attending the Ace Invaders event (previously called Digital Ace) which is a yearly online safety event for both parents and children led by local IT companies and online safety experts.



ACE INVADERS

Aspire Create Empower

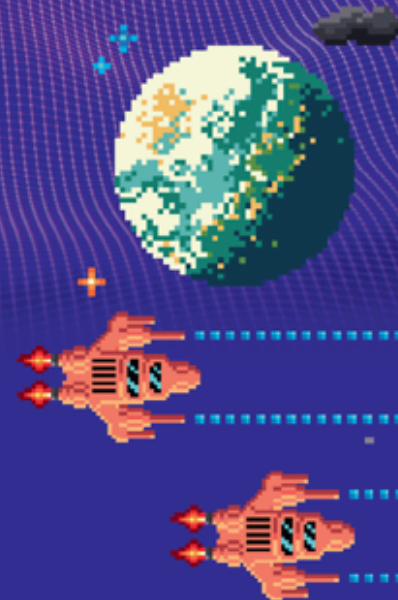


Saturday 15th February 2025

From 12pm | Beau Sejour Leisure Centre

An exciting and impactful community event where gaming meets online safety! The one-day event will feature gaming competitions and interactive stands aimed at helping young people navigate the digital landscape safely.

ONLINE SAFETY
DIGITAL CAREERS
INTERNET OF THINGS
CYBER SECURITY
GAMING & ESPORTS
and MORE!



www.fws.gg/aceinvaders

The event is kindly sponsored by:



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